



The Lower School's Good News

NOTTING HILL & EALING HIGH SCHOOL

GDST
GIRLS' DAY SCHOOL TRUST



29th April 2020

Quote for the week:



For me, this past week has had a clear theme: charity. 'The Big Night In' on BBC was a fantastic night of entertainment, all in aid of charities across the UK who are struggling with the impact of coronavirus. I know lots of you watched and donated and many of you have been completing your 2.6 challenges. Feeling part of a collective effort to make a difference and help those who are struggling gives you such a great sense of achievement, pride and community. Since then, I watched a documentary on Netflix called 'Losing Sight of the Shore'. This impacted me greatly. It told the story of the first all-female team to row across the Pacific Ocean unsupported. They raised approx. £59,000 for Breast Cancer Care and Walking With The Wounded and broke records whilst doing it, pushing themselves to their absolute limits. It's given me inspiration to consider ways in which I can push myself to raise money for charity... watch this space!

Miss Hughes

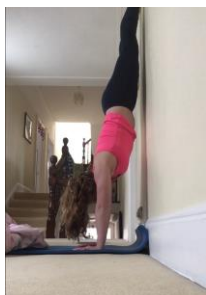
Sport's good news:

I'm so impressed to hear that so many Y7 and Y8 students are getting up early on a Monday and a Friday to do Miss Nicholas' HIIT workout as well as Miss Munro-Hall's cricket and body blast club! Keep up the good work!

Shout outs go to: Amelia D for uploading all videos this week despite having a sprained wrist!! And Evie B for being super committed in her PE lessons and clubs.

Well done to those of you who also attended netball pre-season on Thursday last week. Particular congratulations to Zoe D, Harriet E, Samara G, Jaspreet G, Sophia M, Emmie A, Zara D and Hope G for uploading their videos of the ball challenges.

A particular shout out to Alex D, Morven P and Zoe D for their impressive participation in the sport daily challenges! All three haven't missed a challenge so far- that's 17 challenges completed! Alex has also set the whole school challenge for today so I hope she hasn't been too harsh! Below is a photo of Alex completing her favourite challenge- the handstand!



Aditi continues her charity work

Aditi in 7G has always worked for 'Grace Kitchens', serving food for the needy every Sunday in London. Vegetarian food such as rice, curry, pasta, salad and hot drinks are served to those who need it. Before the lockdown, the cold weather also saw the volunteers providing sleeping bags, hats, gloves and socks to homeless people. Due to the current lockdown, Aditi is making food to be collected and dropped off in central London. Below is a photo of the queue for food in Holborn. Keep up the excellent work, Aditi and well done for everything you are doing!



Music's good news:

Music superstars this week are Zoe D, Eleanor S, Rahel H, Leah B, Evie S and Ruby A.

Well done to all girls for their fantastic performances of songs from musicals for Miss Le Brun!

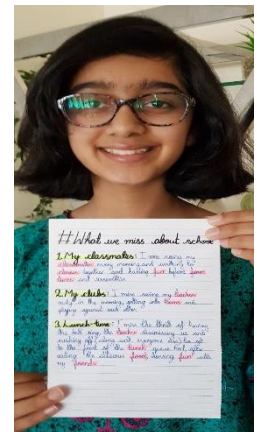
Now that we are getting into the swing of the Summer Term, lots of you have joined extra-curricular clubs. This week, Miss Gordon has praised three Y7s for their outstanding contributions to Debsoc. Well done to the following girls:

Niamh S, Dunya A, Ishita Ni

Video of the week:

<https://www.youtube.com/watch?v=47w>

TES (Times Educational Supplement) have started an Instagram campaign #whatwemissaboutschoool. Send me your photos: what do you miss about your school?



Task 2:

Make a card for someone's birthday, a celebration coming up or simply to tell them how much you miss them!

