



This winter we have a great opportunity to support Ealing Age UK. Please bring in the following food/items to be added to hampers which will be distributed to older people in the Ealing area.

Tinned/long life food such as:

- Tinned veg,
- Tinned fruits,
- Jam/marmalade,
- Tinned soups,
- Crackers,
- Biscuits,
- Spreads,
- Long life milk,
- Teabags,
- Coffee,
- Sugar,
- Porridge,
- Pasta,
- Noodles,
- Packet soup,
- Packet potatoes,
- Packaged mince pies,
- Packaged cake,
- Chocolates

This is not an exhaustive list but any food item that is packaged, has a long shelf life **and does not contains bits that can cause choking** will be gratefully received.

Non-food items for example

- Shampoo,
- Soaps,
- Toothpaste,
- Lap blankets,
- Unisex slippers one size,
- Gloves,
- Scarfs,
- Hats,
- Puzzle books,
- Hand gel,
- Antiseptic wipes,
- Unwanted gifts of Soap, shower gel, gift packs etc. for men & women.

Please bring your contributions to the atrium. Deadline Monday 16th November